

CHRISTOPHER S. REIGELUTH, PH.D.

Positions and Fellowships

Assistant Professor (2017 – present)

- Pacific University, School of Graduate Psychology, Hillsboro, OR

Postdoctoral Psychology Fellow (2016 – 2017)

- Yale University Child Study Center, Yale School of Medicine, New Haven, CT

Predocctoral Psychology Intern and Fellow (2015 – 2016)

- Yale University Child Study Center, Yale School of Medicine, New Haven, CT
- APA Accredited

Education

Ph.D. Clinical Psychology (August, 2016)

- Clark University, Frances L. Hiatt School of Psychology, Worcester, MA
- APA Accredited
- Dissertation: *Measuring policing of masculinity in adolescent boys and predicting its relationship to academic, psychological, and relational well-being*
- Advisor: *Michael E. Addis, Ph.D.*

M.A. Psychology (May, 2013)

- Clark University, Frances L. Hiatt School of Psychology, Worcester, MA
- Thesis: *Forms, attributions, and consequences of policing of masculinity in adolescent boys*

B.A. English Literature (May, 2003)

- Colby College, Waterville, ME
- Semester abroad at University of Cape Town, South Africa (2001)

Research Interests

- Gender socialization of adolescent boys and psychological consequences.
- Emotional expression and coping in boys and men following significant/traumatic events.
- Help seeking, therapeutic engagement, and treatment outcomes in boys and men.
- Prevention and interventions to support healthier gender development for boys and men.

Peer-Reviewed Publications

Reigeluth, C. S., & Addis, M. E. (2017). Masculinity threats. In K. L. Nadal (Ed.), *The SAGE encyclopedia of psychology and gender* (pp. 1120-1123). Los Angeles, CA: Sage.

Reigeluth, C. S., Pollastri, A., Cardemil, E. V., & Addis, M. E. (2016). "Mad scared" versus "I was sad": Emotional expression and response in urban adolescent males. *Journal of Adolescence, 49*, 232-243.

Schwab, J. R., Addis, M. E., **Reigeluth, C. S.,** & Berger, J. L. (2016). Silence and (in)visibility in men's accounts of coping with stressful life events. *Gender & Society, 30*, 289-311.

Reigeluth, C. S., & Addis, M. E. (2016). Adolescent boys' experiences with policing of masculinity: Forms, functions, and consequences. *Psychology of Men & Masculinity, 17*, 74-83.

Book Chapters and Published Reports

Addis, M. E., **Reigeluth, C. S.,** & Schwab, J. R. (2016). Social norms, social construction, and the psychology of men and masculinity. In S. R. Wester & Y. J. Wong (Eds.), *APA handbook of men and masculinities* (pp. 81-104). Washington, DC: American Psychological Association.

Addis, M. E., & **Reigeluth, C. S.** (2011). Men's mental health in Massachusetts: Stigma, substance abuse, suicide and unemployment. In D. A. Hines (Ed.), *Men at risk: The physical, mental and social health of men in Massachusetts, Massachusetts family impact seminar briefing report*. Published by the Mosakowski Institute for Public Enterprise, Clark University, Worcester, MA.

Other Publications and Articles

Reigeluth, C. S. (April, 2017). Societal pressures to "Man Up" for adolescent boys: It's not that simple. *APA Division 51 (Society for the Psychological Study of Men and Masculinities) Research Summaries*.

Reigeluth, C. S. (2016). *Measuring policing of masculinity in adolescent boys and predicting its relationship to academic, psychological, and relational well-being* (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (UMI No. 1012514)

Reigeluth, C. S. (2013). A thicker look at boys' emotional lives and their countless contradictions. [Review of the book *Deep secrets: Boys' friendships and the crisis of connection*, by Niobe Way]. *Journal of Adolescent Research, 28*, 715-720.

Reigeluth, C. S., & Addis, M. E. (2010). Pragmatic clinical research to inform the field of men's mental health: A commentary on and extension of papers by David Edwards and Tracy Eells. *Pragmatic Case Studies in Psychotherapy, 6*, 307-314.

Invited Manuscripts (in progress)

Reigeluth, C. S. (in progress). Gender socialization and boys. In B. Halpern-Felsher (Ed.), *The Encyclopedia of Child and Adolescent Health*. Amsterdam, Netherlands: Elsevier.

Select Peer-Reviewed Conference Presentations

*Graduate students

Borgogna, N. C., Canetto, S. S., Levant, R. F., & McDermott, R. (August, 2019). In **C. S. Reigeluth** (Chair), *Can we stop the bleeding? Intersectionality, masculinity, and gun violence in the United States*. Symposium conducted at the American Psychological Association Annual Convention, Chicago, IL.

Reigeluth, C. S., & Addis, M. E. (August, 2019). The Policing of Masculinity Scale: A nuanced and layered perspective on boys and well-being. In R. Barrie (Chair), *There's more to it than that: A developmental perspective on gender role expression in youth*. Symposium conducted at the American Psychological Association Annual Convention, Chicago, IL.

Pascoe, C. J., **Reigeluth, C. S.**, & Samalin, J. (March, 2019). In C. Leek (Chair), *Complicating "toxic masculinity."* Roundtable conducted at the Conference on Masculinities and Gender, Hillsboro, OR.

*Taylor, B., & **Reigeluth, C. S.** (March, 2019). *The influence of masculinities on adolescent immigrant mental health*. Poster presented at the Conference on Masculinities and Gender, Hillsboro, OR.

*Soucy, M., **Reigeluth, C. S.**, & Seawell, A. (March, 2019). *"Masculinity" and its impact on the healing and recovery of male sexual assault survivors*. Poster presented at the Conference on Masculinities and Gender, Hillsboro, OR.

*Palmer, K., **Reigeluth, C. S.**, & Elder, K. (March, 2019). *The overlooked and frequently unacknowledged struggles of boys with eating disorders*. Poster presented at the Conference on Masculinities and Gender, Hillsboro, OR.

Espelage, D., Nelson, J., & Poteat, V. P. (March, 2019). In **C. S. Reigeluth** (Chair and Moderator), *Fostering healthier gender development for boys in the wake of #MeToo, mass shootings, and other events*. Roundtable conducted at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Reigeluth, C. S. (January, 2019). Skills for effective alliance building with adolescent males from low SES backgrounds. In **C. S. Reigeluth** (Chair), *Successes and failures in therapy with marginalized males: Intersectional exploration and empowerment*. CE Symposium conducted at the National Multicultural Conference and Summit, Denver, CO.

Reigeluth, C. S., & Sweet, H. (January, 2019). *Educating the public about gender and solutions for the future*. Roundtable conducted at the National Multicultural Conference and Summit, Denver, CO.

Reigeluth, C. S., Epstein, C., & Marans, S. (April, 2018). *Trauma and boys: Mechanisms of change and therapy outcomes using a child-caregiver treatment model*. Paper presented at the Annual Convention of the Western Psychological Association, Portland, OR.

- Reigeluth, C. S., & Johnson, B.** (March, 2018). *Empowerment-based therapy approaches for working with historically marginalized males*. CE workshop presented at Facing the Issues: Masculinities in Research and Practice (sponsored by Division 51 of APA), Rutgers, NJ.
- Reigeluth, C. S., & Addis, M. E.** (June, 2016). *The Policing of Masculinity Scale (POMS): Partnerships and policy implications*. Paper presented at the biennial meeting of the Society for the Psychological Study of Social Issues, Minneapolis, MN.
- Reigeluth, C. S., & Addis, M. E.** (March, 2014). *Has manhood changed? Adolescent boys' reflections on masculinities and gendered social learning*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Reigeluth, C. S., & Addis, M. E.** (April, 2013). *Policing of masculinity and its pervasive influence on adolescent boys: Forms, functions, and consequences*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Reigeluth, C. S., Berger, J. L., & Addis, M. E.** (September, 2012). *Silence and invisibility in men's behavioral health: Causes, consequences, and treatment implications*. Talk given at the Emerging Issues in Men's Behavioral Health Treatment Conference for Spectrum Health Systems, Westborough, MA.
- Reigeluth, C. S., Pollastri, A., Cardemil, E. V., & Addis, M. E.** (March, 2012). *Emotional expressivity in urban adolescent boys: Impacts of policing of masculinity and other interpersonal events on disclosure*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, Canada.
- Reigeluth, C. S., Pollastri, A., Cardemil, E. V., & Addis, M. E.** (November, 2011). *Emotional expressivity and conformity to masculine norms in urban adolescent boys*. Poster presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Select Invited Talks and Presentations**
- Reigeluth, C. S.** (May, 2018). *Sexual trauma and boys: Victimhood, "(man)ning up," and what we can do*. Invited talk given for the Courageous Conversation Series (Cardinal Families Health Action Network), Portland, OR.
- Reigeluth, C. S.** (April, 2018). *Feminism and masculinities: Current states and future directions*. Invited talk given to Young Feminists of Forest Grove High School, Forest Grove, OR.
- Reigeluth, C. S.** (September, 2015). *Men's psychological barriers to mental health care*. Invited talk given at the Eating Disorders in Men Conference, Montreal, Canada.
- Reigeluth, C. S.** (April, 2015). *Gender Socialization and the Policing of Masculinities*. Invited lecture given to Gender and Society at Bancroft School, Worcester, MA.

Reigeluth, C. S. (October, 2014). *Masculinities and (homo) phobias in men's lives: The costs of silence*. Invited lecture given to Introduction to Women's and Gender Studies at Clark University, Worcester, MA.

Berger, J. L., & **Reigeluth, C. S.** (April, 2013). *Gender stereotypes and emotional silence and invisibility*. Invited talk given at Hope to Veterans Suffering with Sexual Trauma and Military Sexual Trauma Retreat (Project New Hope), Groton, MA.

Other Select Research Experience

Masculinities and Mental Health Research Group, Pacific University (2018 – present)

- *Principal Investigator*: Provide guidance and oversight of student research projects and dissertations; conduct research related to masculinities and mental health including the influence of dominant gender socialization practices on the well-being of boys and men; all research group members participate in masculinities related outreach and awareness building in community.

Teaching Experience (Graduate Courses)

GPSY 888 and 891 - Practicum II and Clinical Fieldwork, Pacific University (2018 – 2019)

GPSY 887 - Practicum I (2018 – present)

GPSY 725 - Basic Clinical Skills, Pacific University (2017 – present)

GPSY 822 - Personality Assessment, Pacific University (2018 – present)

GPSY 821 - Cognitive Assessment, Pacific University (Spring, 2018)

Dissertation Supervision

Not included

Select Clinical Training and Experience

Licensed Clinical Psychologist, State of Oregon (2018 – present)

- Psychologist License No. 2939

Practicum I Supervisor, Pacific University, School of Graduate Psychology, Hillsboro, OR (2018 – present)

- Supervise second year doctoral students using Acceptance and Commitment Therapy (ACT) with focus on adolescent to emerging adulthood male clients.
- Developed ACT for Teens protocol and supervise students in leading ACT groups for local high school students.

Assessment Practicum II and Clinical Fieldwork Supervisor, Pacific University, School of Graduate Psychology, Hillsboro, OR (2018 – 2019)

- Assessment batteries include personality, cognitive, achievement, attention and executive function testing.

Postdoctoral Psychology Fellow, Yale University Child Study Center, Yale School of Medicine, New Haven, CT (2016 – 2017)

- Clinical and research postdoctoral fellowship with specialization in childhood trauma, anxiety and psychological assessment.
- Provided child and family therapy and trauma assessments through the Childhood Violent Trauma Center using Child and Family Traumatic Stress Intervention and Trauma-Focused CBT; partnered with New Haven Police Department through Community Development-Community Policing Program (CDCP) to provide acute care.

Predocctoral Psychology Intern and Fellow, Yale University Child Study Center, Yale School of Medicine, New Haven, CT (2015 – 2016)

- Clinical and APA accredited predoctoral internship with specialization in childhood and adolescent trauma, anxiety and psychological assessment.

Departmental and University Service

Not included

Select Professional and Community Service

- Chair for Trauma and Violence Special Interest Group of the APA Society for the Psychological Study of Men and Masculinities, Division 51 (2017 – present)
- Hillsboro Healthy Kids, facilitated SGP student-led intervention at Providence Sports Medicine event on gender and emotions (Spring, 2018)
- Ad hoc Reviewer (current* and previous): *Gender & Society*, *Journal of Adolescence*, **Journal of Research on Adolescence*, *International Journal of Men's Health*, **Psychology of Men & Masculinities*, *Journal of Adolescent Research*, and **Men and Masculinities*

Professional Affiliations

American Psychological Association (2010 – present)

- Society of Clinical Child and Adolescent Psychology (Division 53)
- Society for the Psychological Study of Men and Masculinities (Division 51)

Association for Behavioral and Cognitive Therapies (2011 – 2017)

Society for the Psychological Study of Social Issues (2016 – 2018)

Society for Research on Adolescence (2011 – present)

Society for Research in Child Development (2013 – 2019)

Western Psychological Association (2017 – 2018)